

TRI-COUNTY OPPORTUNITIES COUNCIL

Community Action Agency



Serving the 9 Counties of Bureau, Carroll, LaSalle, Lee, Marshall, Ogle, Putnam, Stark, and Whiteside Illinois

RESOURCE BOOK

Lee County

Tri-County Opportunities Council
405 Emmons Avenue
P.O. Box 610
Rock Falls, IL 61071
PH: 815/625-7830
TOLL FREE: 1-800-323-5434
www.tcohelps.org

Building opportunities to transform communities.



Tri-County Opportunities Council

Mission Statement



Tri-County Opportunities Council will investigate the impact of poverty throughout our nine county service area and will work, in partnership with individuals, families and communities to provide opportunities that supports movement towards stability and self-sufficiency.

Community Services Block Grant Program (CSBG)

- Provides comprehensive needs assessments, information and referrals and numerous case management programs to eligible customers to obtain self-sufficiency for employment, youth, education, housing, medical, and emergency needs.
- Offers various housing programs to those facing homelessness or on the verge of becoming homeless. In addition, case management is provided to ensure housing is affordable and sustained to prevent future homelessness.
- Annually awards educational scholarships to income-eligible service area residents attending an Illinois institution of higher learning.
- Bureau County Food Pantry – provides food to meet meal gaps to families residing in Bureau County.

Foster Grandparent Program

- Provides meaningful volunteer opportunities for those in the lower income range who are 55 years old and older.
- Offers supportive person-to-person services to at-risk children with special or exceptional needs in reading, math, spelling, art and other constructive projects.

Head Start/Early Head Start Program

- The EHS/HS programs are federal programs that provides comprehensive early childhood education, health, nutrition, and parent engagement services to children from birth to 5 years of age, expectant mothers, and their families.
- The program's services and resources are designed to foster stable family relationships, heighten family resiliency, enhance children's physical and emotional well-being, and establish an environment to develop skills toward school readiness and a love of life-long learning.
- Families must meet the eligibility criteria established by the federal government.

Low-Income Energy Assistance (LIHEAP)

- LIHEAP – makes a one-time payment to the utility company, bills must be in the name of the person applying.
- LIHEAP Furnace Program – Repair or replace furnaces to homeowners who are current on their mortgage and taxes and be within the LIHEAP guidelines.
- PIPP – The Percentage of Income Payment Plan (PIPP) is designed to help client’s pay their own bill with a manageable budget bill. Eligibility for this program included being within the LIHEAP guidelines and must have a participating utility company, such as, Ameren, Com-Ed, and Nicor.
- Com-Ed Hardship – helps households that may be having a hardship crisis situation. Income guidelines are 200% of poverty level.
- Neighbor to Neighbor – helps households with utility assistance. Income guidelines are 300% of poverty level.

Illinois Home Weatherization Program

- Make homes more energy efficient, provide safe heating equipment, if needed, replace furnace, and provide clients with safety equipment.

Rental Housing

- Provides decent, safe and affordable housing to low-income clients.

TRI-COUNTY OPPORTUNITIES COUNCIL OFFICES:

Main Office

405 Emmons Avenue
Rock Falls, IL 61071
PH: 815-625-7830
PH: 1-800-323-5434

LaSalle Office

308 N. 30th Road
LaSalle, IL 61301
CSBG: 815-224-0028
CSBG: 815-224-3939
LIHEAP: 815-223-2333
HEAD START: 815-224-2533
HEAD START: 815-220-1602
HEAD START: 815-220-1603

Princeton Office

1019 N. Main Street
Princeton, IL 61356
Food Pantry/CSBG: 815-875-6064
LIHEAP: 815-879-6035

Office Hours

8:00 a.m. – 4:30 p.m.
Monday-Friday

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BASIC NEEDS

CLS Thrift Store

607 First Avenue
Rock Falls, IL 61071
PH: (815)625-0517

Tuesday-Saturday, 9:00 a.m. – 4:00 p.m. Provides clothing and household items at low prices. (cash only)

Dixon Furniture Mart

2400 W. 4th Street
Dixon, IL 61021
PH: (815)288-2488

New and gently used furniture. 60-day layaway plans. Monday, Wednesday, Friday 10:00 a.m. – 4:00 p.m.; Saturday 10:00 a.m. – 3:00 p.m.

Good Fellows

P.O. Box 674
Dixon, IL 61021
PH: (815)973-5135
www.goodfellowsfleecounty.com

Provides Christmas baskets that include toys, clothing, food, and decorations.

Leydig Center

1107 Warp Rd
Dixon, IL 61021
PH: (815)284-7772

Offers used clothing and household items at a low cost. Thursday, 10:00 a.m. – 2:00 p.m.

Dixon Area Emergency Needs Fund/Lee County Salvation

Army

304 W. Main St
Amboy, IL 61310
PH: (815)857-7022

Help on an emergency basis.

Gianna's House

700 10th Avenue
Rock Falls, IL 61071
PH: (815)625-6520

Offers pregnancy resources. Monday, 12:00 – 3:00 p.m.; Wednesday, 5:00 – 8:00 p.m.; Saturday 9:00 a.m. – 12:00 p.m.

Goodwill

2216 E. 4th St.
Sterling, IL 61081
PH: (815)625-1740
<http://www.goodwillni.org/>

Provides low cost clothing, household items, furniture and miscellaneous items. Monday-Friday 9:00 a.m. – 8:00 p.m.; Saturday 9:00 a.m. – 7:00 p.m.; Sunday 10:00 a.m. – 6:00 p.m.

CHILD CARE

4C's Community Coordinated Child Care

155 N. 3rd Street, Suite 300
DeKalb, IL 60115
PH: (815)848-8727
www.four-c.org

Assists families and child care providers with the following services: child care financial assistance, resource and referral for child care, parent and provider professional development, child care food program, family support, nursing, social work, mental health, quality and infant toddler specialists.

Open Sesame Child Care Center

1101 Middle Road
Dixon, IL 61021
PH: (815)288-5905

Monday – Friday 6:00 a.m. – 6:00 p.m.

Bright Beginnings

1033 Franklin Grove Road
Dixon, IL 61021
PH: (815)285-1033
www.brightbeginningsdixon.org

*Provides services to children ages 6 weeks to 12 years.
Monday – Friday 6:00 a.m. – 5:30 p.m.*

Sauk Valley Interagency Council Child & Family

27 S. State Avenue, Ste. 101 506 W. 4th Street, Rm. 26
Freeport, IL 61032 Sterling, IL 61081
PH: (815)297-1041 PH: (815)297-1041

Serves as the single access point to Early Intervention Services for children and families.

DISABILITIES

Jack Mabley Development Center

1120 Washington Avenue
Dixon, IL 61021
PH: (815)288-8300
<https://www.dhs.state.il.us/page.aspx?item=58718>

Residential facility for individuals with developmental and sensory disabilities.

Lee County Special Education Association

1335 Franklin Grove Road, Suite B
Dixon, IL 61021
PH: (815)284-6651

Prepares students with disabilities to be functional members of society and provides specialized programs and services.

Kreider Services, Inc.

500 Anchor Road
Dixon, IL 61021
PH: (815)288-6691
www.kreiderservices.org

Provides direct care programs to persons with developmental disabilities.

Self Help Enterprises Inc

2300 W. LeFevre Road
Sterling, IL 61081
PH: (815)626-3115

Provides programs and services for individuals with disabilities.

EDUCATION

Adult Education and GED Program

Sauk Valley Community College

173 IL Route 2

Dixon, IL 61021

PH: (815)835-6310

<https://www.svcc.edu/community/adult-education/index.html>

Project V.I.T.A.L.

Sauk Valley Community College

173 IL Route 2

Dixon, IL 61021

PH: (815)835-6310

www.svcc.edu/community/adult-education/vital

Tutoring program for students and adults over 17 years of age who want to improve their reading skills, improve their English language speaking skills, or obtain citizenship.

EMERGENCY ASSISTANCE

American Red Cross

www.redcross.org

Disaster assistance with housing, food, and clothing.

Department of Children and Family Services

2607 Woodlawn Road, Suite 3

Sterling, IL 61081

PH: (815)625-7594

HOTLINE: (800)252-2873

www.state.il.us/dcfs

Protects against child abuse and neglect.

PADS Homeless Shelter

Men's

805 W. 1st Street

Dixon, IL 61021

PH: (815)288-6818

Women's

203 W. Everett Street

Dixon, IL 61021

PH: (815)677-9958

Open 24/7, 365 days per year. Provides emergency shelter, clothing, food, and daily needs for residents.

YWCA of the Sauk Valley

HOTLINE: (815)626-7277

HOTLINE: (815)288-1011

Assists survivors of domestic violence by offering comprehensive services: 24-hour hotline, legal and medical advocacy, shelter, counseling, support groups, and children's services.

Shining Star Children's Advocacy Center

215 E. 1st Street

Dixon, IL 61021

PH: (815)284-1891

www.shiningstarcac.org

Provides a coordinated multi-agency approach and prompt response to child abuse.

EMPLOYMENT

BEST, Inc.

Sauk Valley Community College
173 IL Route 2
Dixon, IL 61021
PH: (815)835-6371
www.best-inc.org

Provides funding for education in order to find employment.

Ethical Search Professionals

508 Depot Avenue
Dixon, IL 61021
PH: (815)285-4773
<https://www.ethicalsearch.com/>

Recruiters for engineering, manufacturing management and maintenance management for industries.

Illinois Department of Employment Security (IDES)

2323 E. Lincolnway
Sterling, IL 61081
PH: (815)625-2313
www.ides.illinois.gov

Provides temporary income for individuals who lost their jobs through no fault of their own.

Corporate Services

609 W. 3rd Street
Dixon, IL 61021
PH: (815)242-7400
www.corpserv.com

Provides employment services

Hughes Resources

112 E. Fellows St
Dixon, IL 61021
PH: (815)835-3000
<https://hughesresources.com/>

Recruiters work with you to find your next job opportunity by matching your skill set to the ideal position.

Manpower

1678 S. Galena Avenue, Suite C100
Dixon, IL 61021
PH: (815)288-7800
www.manpower.com

Provides career opportunities by helping people develop their careers through planning, work, and training.

FOOD

Amboy Food Pantry

32 N. Jones Avenue
Amboy, IL 61310
PH: (815)857-2315

Food is distributed on the 3rd Wednesday of each month from 9:00 – 10:00 a.m.

Loaves and Fishes

St. Patrick's Church
612 Highland Avenue
Dixon, IL 61021
PH: (815)284-7719
www.stpatrickdixon.org

Community Food Pantry

2001 W. 4th Street
Dixon, IL 61021
PH: (815)288-4848

Monday, Wednesday, and Friday; 1:00 – 3:00 p.m.

HEALTH

All Star Dental

1261 N. Lake Street
Aurora, IL 60506
PH: (630)801-0002

www.allstardentalclinic.org

Accepts Medicaid and most dental insurance coverage.

Everyone's Family Dental

1355 N. Galena Ave
Dixon, IL 61021
PH: 815/284-1955

<https://everyonesfamilydentaldixon.com/>

*Accepts Medicaid and all other forms of dental insurance.
Monday – Wednesday 8:00 a.m. – 5:00 p.m. Saturday by
appointment only.*

Hope Life Center

2323 E. Lincolnway
Sterling, IL 61081
PH: (815)625-5300

www.hlclil.org

Free family planning.

Physicians Immediate Care

1672 South Galena Avenue
Dixon, IL 61021
PH: (815)564-2663

<https://physiciansimmediatecare.com/clinic/dixon/>

*A convenient urgent care located on South Galena Avenue
(in front of Walmart) for walk-in urgent care services, with
extended hours 7 days a week, no appointment needed.*

Dental Dreams

6215 E. State Street
Rockford, IL 61108
PH: (815)399-7777

www.dentaldreams.com

*Accepts Medicaid and all other forms of dental insurance.
Offers evening and weekend hours to accommodate a busy
family's schedule and family-friendly office setting to put
children at ease.*

Hearing Clinic – Northwestern IL Associates

2002 E. 5th Street
Sterling, IL 61081
PH: (815)625-7931

www.thenia.org

Lee County Health Department

309 S. Galena Avenue
Dixon, IL 61021
PH: (815)284-3371

www.lchd.com

*Offers WIC, immunizations, educational classes, and referral
needs.*

Whiteside County Health Department

1300 W. 2nd Street
Rock Falls, IL 61071
PH: (815)626-2230

www.whitesidehealth.org

*Offers medical, dental clinic, behavioral health, family
planning, immunizations and WIC. Accepts medical
insurance, Medicaid, and self-pay.*

HOUSING

Amboy Meadows Apartments

121 W. Wasson Road
Amboy, IL 61310
PH: (815)857-4911

www.amboymeadowsapartments.com

Low-income housing.

Countryside Manor Apartments

625 Countryside Lane
Dixon, IL 61021
PH: (815)625-0581

Low-income housing

Habitat for Humanity

P.O. Box 11
Dixon, IL 61021
PH: (815)440-3040

Builds decent, affordable homes for people who qualify but cannot obtain a standard home loan.

Canterbury Apartments

1501 Lowell Park Road
Dixon, IL 61021
PH: (815)288-4100

Low-income housing options.

Dixon Square Apartments

1540 Freedom Walk
Dixon, IL 61021
PH: (815)284-3409

Low-income housing

Lee County Housing Authority

1000 Washington Avenue
Dixon, IL 61021
PH: (815)284-2759

Low-income housing/Section 8

LEGAL SERVICES

Prairie State Legal Services

1600 4th Avenue, Suite 200
Rock Island, IL 61201
PH: (309)794-1328

www.pslegal.org

Proves legal services that impact the ability of clients to meet their basic needs; physical safety, access to health care, adequate housing, and similar needs.

Lee County State's Attorney

309 S. Galena Avenue
Dixon, IL 61021
PH: (815)284-5245

CASA, 15th Judicial Circuit

113 S. Peoria Avenue
Dixon, IL 61021
PH: (815)288-1901

Advocates for the best interests of abused and neglected children within the Juvenile Court system.

MENTAL HEALTH

Sinnissippi Centers

2611 Woodlawn Road
Sterling, IL 61081
PH: (815)625-0013
HOTLINE: (800)242-7642
www.sinnissippi.com

Offers assessment and crisis services, child, adolescent and adult services.

Lutheran Social Services (LSSI)

1901 1st Avenue
Sterling, IL 61081
PH: (815)626-7333
www.lssi.org

Counseling, mental health, and substance abuse services.

KSB Behavioral Health Care Services

403 E. First Street
Dixon, IL 61021
PH: (815)285-5629
www.ksbhospital.com

Provides in and outpatient mental health services.

Whiteside County Behavioral Health Clinic

1300 W. 2nd Street
Rock Falls, IL 61071
PH: (815)626-2230

Provides support services to persons experiencing problems related to emotional and mental illness, or drug and alcohol addiction.

RESOURCES

Amboy Community Building

280 W. Wasson Road
Amboy, IL 61310
PH: (815)857-2324

Dixon Public Library

221 S. Hennepin Avenue
Dixon, IL 61021
PH: (815)284-7261
<https://www.dixongov.com/library.html>

Monday – Thursday 9:00 a.m. – 8:00 p.m.; Friday & Saturday 9:00 a.m. – 5:00 p.m.

Rock River Hospice and Home

2706 Avenue E
Sterling, IL 61081
PH: (815)625-3858
www.hospicerockriver.org

Lee/Ogle County Family Community Resource

106 N. 2nd Street
Oregon, IL 61061
PH: (815)732-2166
<https://www.dhs.state.il.us/>

Helps low-income residents with medical assistance, food stamps and cash assistance.

United Way of Lee County

98 S. Galena Ave
Dixon, IL 61021
PH: (815)284-3339
www.unitedwayofleecounty.org

SENIOR OUTREACH

Lee County Council on Aging

100 W. 2nd Street

Dixon, IL 61021

PH: (815)288-9236

<https://www.leecountycouncilonaging.net/>

Provides recreational, educational, and wellness activities for seniors age 60 and older.

Nachusa House Apartments

215 S. Galena Avenue

Dixon, IL 61021

PH: (815)284-0190

Low-income and subsidized housing for seniors 55 and older.

SUBSTANCE ABUSE

Adult Education Associates

748 Timbercreek Road

Dixon, IL 61021

PH: (815)284-3940

www.adulteducationassociates.com

Substance abuse treatment services and provide alcohol and drug counseling.

Recovery Zone

707 1st Avenue, Suite A

Rock Falls, IL 61071

PH: (815)626-2800

Substance abuse treatment – outpatient programs for DUI/DWI offenders.

Norcare, Inc.

325 IL Route 2

Dixon, IL 61021

PH: (815)284-7621

TOWNSHIPS/CITY OFFICIALS

Dixon Township

315 Highland Avenue

Dixon, IL 61021

PH: (815)288-4475

Income based general assistance up to \$25/month for shelter or utilities. Must attend a budget class for assistance.

Nelson Township

1204 Harmon Road

Harmon, IL 61042

PH: (815)535-1076

Provides assistance to individuals with little or no income with rent, utilities, and gas for transportation.

TRANSPORTATION

Lee/Ogle Transportation System (LOTS)

210 E. Progress Drive
Dixon, IL 61021
PH: (815)288-2117
www.lotsil.org

VETERAN'S ASSISTANCE

Lee County Veteran's Assistance

309 S. Galena, Suite 101
Dixon, IL 61021
PH: (815)288-5683

YOUTH

Al Morrison Baseball Program

P.O. Box 388
Dixon, IL 61021
PH: (815)910-0900
<https://almorrisonbaseball.leagueapps.com/leagues>

Dixon Bowling Association

401 Hancock Avenue
Dixon, IL 61021
PH: (815)288-1198

Dixon Park District

804 Palmyra Street
Dixon, IL 61021
PH: (815)284-3306
www.dixonparkdistrict.com

Dixon Wrestling Club

P.O. Box 202
Dixon, IL 61021
PH: (815)631-1877

Girl Scouts (Green Hills Council)

234 Palmyra Road
Dixon, IL 61021
PH: (815)288-1000

YMCA Dixon Family

110 N. Galena Avenue
Dixon, IL 61021
PH: (815)288-9622
www.dixonymca.org